

West Rutland Recreation Department

Basketball 2016-2017

- There is **FREE** open gym up and running in the Big Gym at the West Rutland School on Sundays from 11:00 AM to 1:00 PM. This will run throughout the winter until it is nice enough to play outside in the spring. Changes or cancellations of open gym will be posted on the Rec facebook page.
- This is open to all West Rutland Residents regardless of age or ability. We can overflow into the Cafeteria as long as there is an adult to oversee that group and we can hang 8 foot baskets for very young players if there is interest.
- **We will run structured basketball sessions on Saturdays from early November through early December for kids Pre- K through 4th grade. These sessions require registration and a registration fee.**
- Tentative schedule is 11/19, 11/26, 12/3, 12/10 and 12/17.
- Pre-K and Kindergarten from 9:00 to 9:45 AM. Registration fee for residents of West Rutland is \$25 and includes a t-shirt.
- 1st and 2nd grades from 10:00 to 10:45. Registration fee for residents of West Rutland is \$25 and includes a t-shirt.
- 3rd and 4th grades from 11:00 to Noon, Registration fee for residents of West Rutland is \$35 and includes a reversible tank.
- All three age groups will focus on “skills, drills and fun”
- The 3rd and 4th graders will also play a limited schedule against neighboring programs with very limited travel starting after the holidays. There will be no additional charge if this comes together
- **Kids can also purchase an appropriate sized basketball for \$10. This makes a huge difference in a player's ability to handle and especially shoot a ball. Anything but a youth size ball is simply too heavy for young players and often causes them to develop bad habits. Please indicate your interest on your registration form**